



## ***Note to Families***

### **Little Creek Lodge, Residential Treatment**

Built to provide something very different in the way of drug and alcohol treatment, Little Creek Lodge was the first of its kind on the east coast when we opened in 2008. Little Creek is not a place where your loved one will be able to “fly under the radar.” Everyone who comes here has some type of attribute, no matter how low they may feel about themselves. We want to find out what those qualities are and empower our Residents to embrace them.

Licensed for 16 beds, we are able to provide each resident and their family with highly individualized treatment. Operating a small facility allows us to get to know each of our clients and their respective families on an intimate level, which affords us the ability to really discern and address all of the intricacies of each case.

### **Quality of Care**

If you compare the cost and quality of our care to other facilities, we are second to none. In a “dollar for dollar” comparison, the services and individualized care we provide to our residents is unmatched.

### **Paying for Treatment**

Little Creek Recovery accepts most major insurances. We are in-network with Geisinger Health Plan and Highmark Blue Cross Blue Shield. Reimbursement from your insurance company will be applied to resident room & board, routine medical care provided by our physician, and all scheduled clinical and adventure trek activities.

### **Family Counseling and Education**

Our family counseling and education is designed to promote healing in the family unit. Family members are a significant part of the treatment process and contribute to the residents’ emotional growth. In addition to offering weekly family contacts by the client’s Primary Counselor, we offer weekly family therapy sessions by a member on our Clinical Team on Sundays between 11:00am and 4:30pm, and monthly Family Programming where our entire clinical team is present on the 1st Sunday of each month (with few exceptions due to holidays).



### **Shane's House, Structured Sober Living**

Shane's House is our structured recovery house located on the property adjacent to Little Creek Lodge. This structured sober living environment is a good fit for men who are internally motivated for recovery but would benefit from further structure and guidance as they transition back into the community and are learning to live a sober lifestyle. All residents of Shane's House must participate in Little Creek Outpatient Services or another outpatient program of their choice, attend daily 12-step meetings, have a home group, and be actively working with a sponsor.

### **Little Creek Outpatient Services**

At Little Creek Outpatient Services, we work with both men and women ranging in age from adolescence into later adulthood. We are in-network with Geisinger Health Plan and Highmark Blue Cross Blue Shield. We are also contracted with CCBH (Medicaid) and our local SCA, the Wayne County Drug and Alcohol Commission. Upon admission we assess a client's treatment needs by conducting a comprehensive Biopsychosocial Assessment, which allows us to recommend the appropriate level of care based on the individual's needs.

If you or a loved one is struggling with addiction and needs help, please feel free to reach out to our admissions coordinator Ethan Bobb with any questions.

Ethan Bobb  
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